



# Host a **ONE BAG** tailgate on game day.

Tailgating is a great way to show team spirit, but it can also create a lot of trash even before the game gets started. A little planning can make sure your tailgating is both fun and minimizes the amount of garbage you create at your gathering.

## THE GAME PLAN: HOW TO MAKE YOUR TAILGATING A ONE BAG EVENT

### BEFORE GAME DAY

- **Buy in bulk and pay attention to packaging.**  
No matter how frugal or fancy you are with your tailgates, buy food and drinks in bulk to reduce waste associated with packaging. Check out the packaging and ask yourself if it can be recycled, composted, or reused. If not, move along! (*Hint: try the bulk section—it's usually cheaper too!*)
- **Use real dishes, napkins, and reusable containers.**  
Shop nearby thrift stores for an extra stash of dishes to bring to your tailgate party, or bring along a pack of reusable containers. Bring along a large, reusable container with a lid to store all the dirty dishes until you get home.
- **If reusables aren't an option, choose compostable.**  
You can buy serve ware made out of more sustainable options like sugar cane, fallen palm leaves, and corn. When you're finished, throw these in the compost bin and watch them disappear in under 180 days (in contrast, plastics take *thousands of years* to break down and they never fully disappear). If there is no compost collection at the tailgate, bring the waste to a local compost collection point.
- **Rally the team.** Spread the word to your tailgating buddies before the game so that they can participate in being waste-less by bringing food and snacks in reusable or recyclable containers.
- **Engage the stadium.** Reach out to the stadium before the game to find out if they provide recycling and composting bins. If not, bring your own separation bags from home.

### GAME DAY

- **Bag it!** Bring different types of bags for recycling, compost, and trash. Hang them on the back of your vehicle, make sure everyone in your group knows what is to be discarded in each, and challenge your group to not produce any trash!
- **Freebies.** Tailgaters love to share. See what goodies you can trade or donate to your neighbors to avoid throwing away yummy leftovers or reusable goods.
- **Leave no trace.** Pack it up when you're done and take it out. If it can be reused, save money and reduce waste by using it for the next tailgating extravaganza.

### AFTER THE GAME

- **Spread a little competition.** Who says only friendly rivalries happen on the playing field? If you One Bag tailgate, spread the word on Facebook, email and elsewhere. Your friends will want to participate and get in on the challenge so they can gain some waste less bragging rights.

### OTHER TAILGATE TIPS

- ✓ **Decorate with reusable items—like linen tablecloths, flags or pennants. Avoid balloons!**
- ✓ **Minimize food waste by getting a head count before the event.**
- ✓ **Carpool to the game.**
- ✓ **Buy local. It helps preserve the environment and strengthen your community.**
- ✓ **Opt for a hand cranked radio to listen to the game—they're sustainable!**